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Fun Challenges for Adults

Name ten countries in 20 seconds without repeating yourself.

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Give a short speech about the host as if they had just won an award.

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Give a short radio interview with yourself about your life ten years from now.

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Tell us how you met the host, but hide three lies in the story. The table has to find them.

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Draw a map of the neighborhood you grew up in on a napkin, and show everyone the way to your favorite spot.

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Balance a book on your head while you stand up and sit back down.

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Make a new rule everyone has to follow for the rest of the evening, like saying "excuse me, Your Honor" before reaching for the salt.

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Sing a well-known pop song so it sounds like a hymn.

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Tell the plot of your favorite movie in 30 seconds so the table can guess it without the title.

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Name a song from every decade since the 1960s without hesitating.

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Have the table give you three random words, then give a one-minute speech that uses all three.

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Show a photo from your phone that you pick yourself, and tell the story behind it.

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Make the sounds of a place, like a train station or a swimming pool, and let the table guess where you are.

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Teach the table a word in a language you know, and get everyone to pronounce it right.

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Fold a napkin into an animal, and let the others guess which one.

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Find three things you have in common with the person across from you in one minute.

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Tell a story from your childhood. The table can shout "stop" and swap out one word along the way.

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Lead the table in a drum solo with your fingers on the edge of the table.

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Make the sound of something from the 1990s, and let the table guess what it is.

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Write a four-line poem for the host and read it out loud.

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Walk across the living room with an orange under your chin without dropping it.

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Give the person on your left a nickname that describes their best side, and explain why.

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Act out a job without words, and let the table guess which one.

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Choose the music for the next half hour, but every song needs a color in the title.

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Describe your first concert as if you were a newspaper music critic.

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Find five things in the room that together say something about you, and explain them.

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Make up a dance move that everyone at the table has to learn and do together.

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Find the oldest thing you're wearing and tell us its story.

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Name as many kinds of cookies as you can in 20 seconds.

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Act out your morning routine without a sound, and let the table guess what you're doing.

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Do a short news broadcast about the evening so far.

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Write your name in the air with your elbow, and let the table guess it.

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Give a one-minute thank-you speech to something nobody ever thanks, like the dishwasher.

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Describe a place you've been in one sentence so the table can guess where it was.

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Come up with a new name for the party, and a short slogan to go with it.

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Teach the table a game from your old school playground, and play one round.

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Rhyme four lines about dessert and perform them like a rapper.

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Spell the first name of everyone at the table backward.

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Give a speech about what you'd do if you ran the country for one day.

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Build a bridge between two cups out of things on the table, and see if it can hold a teaspoon.

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Tell the story of a famous movie as a comic strip on three napkins.

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Recreate a famous movie scene with the person on your right.

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Interview the person on your left as if they were famous and the table were the press.

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Name five things you're grateful for today in ten seconds.

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Draw the host's home from memory with the hand you don't write with.

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Come up with a sound for each dish served tonight.

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Invent a new greeting that everyone has to use when they come back to the table.

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Make up a story about how the decorations on the table ended up here.

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Whistle the jingle from a commercial, and let the table guess what it's for.

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Describe the best meal you've ever had so vividly that the table gets hungry again.

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Invent a game right here and now, explain the rules and play one round.

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Write a three-sentence review of the evening so far, and give it a star rating.

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Pretend you're a magician and do a trick with a teaspoon.

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Tell us about the worst advice you've ever gotten, and whether you followed it.

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Act out a short scene without words about how you got out the door this morning.

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Make up a theme song for the host's home, and get the table to hum along.

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Explain how to make your favorite dish as if you were on a TV cooking show.

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Say a word. The rest of the table takes turns finding a word that rhymes until someone gets stuck.

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Make a little quiz with three questions about yourself for the table.

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Tell us about a small win from this week, and get the table to applaud.

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Your own question

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